

IN CRISIS? IN NEED? THERE IS HELP.

IF YOU ARE EXPERIENCING A LIFE THREATENING EMERGENCY, CALL 911 IMMEDIATELY.

COLUMBUS AREA RESOURCES (not affiliated with CCAD)

SHELTER:

- [Huckleberry House](#): UA safe place for youth (12-17) to stay when they have runaway or are experiencing a crisis. 24-hour hotline: 614.294.5553
- [Star House Columbus](#): serves youth living homeless and alone to access resources to meet basic needs such as food, clothing, hygiene items, etc., as well as connects youth with resources throughout Columbus. Serves ages 14-24. 614.826.5868. Walk-in Appointments available.
- [Hands On Central Ohio](#): centralized database for shelters, food banks, and other valuable community resources. 614.221.6766
- [YWCA Family Center](#): provides emergency shelter and critical services to stabilize homeless families. 614.224.9121
- [Columbus Scholar House for College Student Parents](#): provides housing to college students who are also parents. 614.826.6101
- [Columbus Scholar House for Former Foster Youth](#): provides housing to former foster youth. 614.826.6101

MENTAL HEALTH EMERGENCY:

- [NetCare](#): standardized risk assessment and stabilization of youth at the least restrictive level of care. 614.276.CARE (2273)
- [OSU Harding Hospital](#): mental health hospital for adolescents and adults. 614.293.9600
- [Southeast](#): mental health, alcohol & drug counseling services. 614.225.0990
- [RiverVista Health & Wellness](#): mental health services for adults and seniors. 614.842.7410
- [Columbus Springs](#): inpatient and outpatient psychiatric facility with multiple locations in Columbus. 614.350.4352

THOUGHTS OF SUICIDE OR SELF-HARM:

- **CALL 9-1-1**
- [National Suicide Hotline](#): 24/7 support and resources for those who are considering attempting suicide. 1.800.273.8255
- [Trevor Project](#): hotline for LBTQIA population offering immediate support for those thinking about suicide. 1.866.488.7386
- [Crisis Text Line](#): 24/7 crisis text support. Text HOME to 741741.

ON-GOING MENTAL HEALTH TREATMENT:

- [Affirmations](#): Offers a broad range of psychotherapy. Many types of insurance accepted. 614.914.6690
- [Southeast, Inc.](#): Offers a broad range of psychotherapy. Many types of insurance accepted and sliding fee scale for those with limited income. 614.444.0800
- [Ohio State Community Provider Database](#): Online customized database of local counselors, maintained by OSU's Counseling Center.

SEXUAL VIOLENCE:

- [SARNCO](#): 24/7 rape helpline and recovery resources for survivors and co-survivors. 614.267.7020
- [BRAVO](#): support for LGBTQ survivors of interpersonal violence. 1.866.86.BRAVO (27286)
- [RAINN](#): 24/7 sexual assault hotline (phone or online chat) for survivors and co-survivors. 1.800.656.HOPE (4673)

MINOR SEX TRAFFICING/SURVIVAL SEX:

- [Gracehaven](#): provides services for sexually exploited minors. 614.302.9515
- [Central Ohio Rescue & Restore Coalition](#): offers housing, clothing, legal and medical assistance to victims of trafficking. 1.888.373.7888

DOMESTIC/RELATIONSHIP VIOLENCE:

- [CHOICES](#): services for victims of domestic violence including legal support, temporary shelter, counseling and a 24/7 hotline. 614.224.HOME (4663)
- [Center for Family Safety & Healing](#): programming and services to address child abuse & neglect, teen dating abuse, domestic violence and elder abuse. 614.722.8200
- [BRAVO](#): support for LGBTQ survivors of interpersonal violence. 1.866.86.BRAVO (27286)
- [Loveisrespect](#): online resource for information about healthy/unhealthy relationships, including relationship quizzes, a 24/7 chat line, and other helpful resources.

SEXUAL HEALTH/PREGNANCY

- [Equitas Health](#): offers a medical center, pharmacy, testing & an HIV/STD hotline. 1.800.332.2437
- [AIDS Healthcare Foundation](#): HIV medical care with access to specialists, medications and other services. 614.223.1532
- [Greater Columbus Empowerment Center](#): HIV prevention, education, and advocacy for the same-gender-loving Black and Latino male community (ages 13-29). 614.926.4132
- [Columbus Public Health](#): provides STI prevention education, testing, diagnosis and treatment. 614.645.7772
- [Planned Parenthood](#): Ten local centers providing sexual health information and services. 614.222.3604

CHILD ABUSE & NEGLECT

- [Franklin County Children's Services](#): investigation of child abuse complaints and services to victims of child abuse. 24/7 child abuse hotline 614.229.7000

FOOD/NUTRITION:

- [Mid-Ohio Food Bank](#): Emergency food sites in Franklin County can be found by calling 2-1-1. Please visit their online site for food sites in other counties.
- [Southside Roots Café, Market, & Kitchen](#)
- [Ohio Department of Job & Family Services](#): provides benefits and nutrition programs.
- Read *Eat Well on \$4/Day: Good and Cheap* by Leanne Brown

SUBSTANCE ABUSE

- [Southeast](#): mental health, alcohol & drug counseling services. 614.225.0990
- [Maryhaven](#): treatment for alcohol & other drug dependencies, as well as mental health needs, in residential and outpatient settings. 614.445.8131

- [Talbot Hall](#): residential and outpatient treatment for those struggling with substance abuse. 614.257.3760

LGBTQIA+ RESOURCES

- [Equitas Trans Health Services](#)
- [BRAVO](#): support for LGBTQ survivors of interpersonal violence. 1.866.86.BRAVO (27286)

CCAD RESOURCES

MENTAL HEALTH CARE

- [Counseling & Wellness Center \(CWC\)](#)

THOUGHTS OF SUICIDE OR SELF-HARM:

- If you're on-campus, CCAD Security at 614.222.6165
- If you're off-campus, call 9-1-1

CENTRAL OHIO TRANSIT AUTHORITY (COTA):

- For questions or concerns regarding CCAD's Student COTA Ride benefit contact studentaffairs@ccad.edu

FINANCIAL CONCERNS:

- **CCAD Emergency Fund**: the CCAD Emergency Fund exists to help students with a minor financial emergency that impacts their ability to continue with coursework, such as a damaged laptop, blown tire, living dispute, etc. To request more information on eligibility for this fund, contact the Dean of Students at asanders@ccad.edu. To receive/submit the form, email studentaffairs@ccad.edu.
- [Financial Aid Office](#) and [the Bursar](#): these offices deal with student tuition funds and billing. For more information, contact the One Stop at 614.222.3295.

LGBTQIA+ RESOURCES:

- [Student Engagement](#) & [Inclusion Office](#): inclusion@ccad.edu

CCAD THRIFT & FOOD PANTRY

- Location: Grant Labs, Entrance from Grant Avenue on corner of Grant Ave and Gay Street
- Hours: Thursdays & Fridays from 10am-12pm, during Fall and Spring Semesters, while classes are in session
- Purpose: The CCAD Thrift & Food Pantry store is filled with donations by students, faculty, and staff. All proceeds go directly into the CCAD Student Emergency Fund. This was established to provide one-time funds to students who are experiencing extreme financial hardship or an unexpected large financial need that impacts their ability to continue their education at CCAD. The Food Pantry is free food assistance for students who may need it on a need basis. The pantry

is completely free and can be accessed while the Thrift Store is open. If you need access while it's closed, please contact The Security Office at 614.222.6165.

- Donations: You can find bins to donate to the Thrift Store and Food Pantry in Canzani, Crane, DSB, and Kinney Hall lobbies.
- Contact Point: Questions about the thrift store? Email thrift@ccad.edu. Need to visit the food pantry during off-hours? Call CCAD Security at 614.222.6165 and they can let you in!

HOUSING ASSISTANCE:

- Contact housing@ccad.edu to inquire about emergency housing assistance or email the Vice President for Student Affairs at cmundell@ccad.edu.

SAFETY & SECURITY:

- CCAD's Safety & Security Office is open 24 hours a day and can be reached at 614.222.6165. Visit [MyCCAD](#) for more information.
- Sign up for [CCAD's Emergency Alerts](#) to receive information about campus emergency news, including weather information, facility concerns, or campus security situations.

SEXUAL MISCONDUCT, SUPPORT, & REPORTING OPTIONS:

- For information on support resources and reporting options for cases of sexual misconduct, as well as procedure and reporting rights information, visit [MyCCAD's Community Standards](#).

STUDENT PREGNANCY:

- For students who are pregnant, contact the Dean of Students, Athena Sanders, to understand your rights and resources available as a student. asanders@ccad.edu

DISABILITY ASSISTANCE:

- For help with temporary and/or permanent disability accommodations, contact the [Learning Support Office](#) at learningsupport@ccad.edu.

NOT SURE WHERE TO GO?

- Contact your Dean of Students for guidance at asanders@ccad.edu.

****This is not an exhaustive list of resources and self-research is encouraged. CCAD does not endorse or recommend any specific resource but do want students to have access to a list of options for immediate use or referral.****